Name _____ Age_____

Belt _____Grade___

Taekwondo Citizenship Awards Program

1067 Highway 96
Shoreview, MN 55126
(651)-766-8083
www.leeschampion.com

Month____ Year_____

Parent's signature_____

Daily Jobs at Home for Taekwondo Students (Age 7-11)

Taekwondo Students are Always the Best.

Draw a ☺ for completed jobs

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Clean My Room: Responsibility																															
1. Make my bed.																															
2. Hang up my clothes.																															
3. Put away all personal belongings.																															
4.																															
5.																															
Excellent Self-Care: Self-confidence																															
1. Brush my teeth.																															
2. Take a shower/bath – hang up towels when done.																															
3. Put all dirty clothes in the laundry.																															
4.																															
5.																															
Study/Practice: Character																															
1, Complete Homework or read for 15 minutes																															
2. Basic Exercise – Stretching, running, etc.																															
3. Practice forms and basics.																															
4.																															
5.																															
Wonderful Family: Respect and Love																															
1. Clean up after meals and snacks.																															
2. Take out the trash.																															
3. Listen to and respect parents																															
4. Share and cooperate with siblings																															
5.																															
Score																															
Total																															

(Blanks can be filled in with additional tasks/chores)

THIS IS A TEST REQUIREMENT.

5 ☺ = 1 point. Write the score at the bottom of the column. Sign the sheet, and have your child return it to LCTA.